

1. What is Navigating Neuropsychology?

Navigating Neuropsychology (or NavNeuro for short) is the first podcast specifically tailored to neuropsychologists and trainees, where we present cutting edge scientific findings, discuss important topic areas, and interview experts in a variety of brain-behavior related fields. The show is available on all of the major platforms – iTunes, Stitcher, Spotify, etc. – and is free to everyone. We typically release new audio content on the 1st and 15th of each month.

2. How did NavNeuro come to exist?

John: *Ryan completed his final internship rotation through the Brown Clinical Psychology Training Consortium, where I was finishing up my postdoc. During one of the weekly didactics with our supervisor, Steve Correia, we listened to a Neurology Podcast episode and Ryan commented that it was a shame that there was no podcast devoted to neuropsychology. I was thrilled to hear him say that because I had been thinking the same thing for quite a while. A few days later we were grabbing a beer and I asked if he would be interested in actually doing it – creating a neuropsychology podcast – and I was very happy to hear that he was just as enthusiastic about the idea as I was. After many hours of discussion and planning we decided on a name, logo, theme music, format, and a thousand other details. We did a lot of research on the best audio equipment, created our own website, and learned how to do all the post-production. Then we submitted the podcast to all the major directories, announced it on several neuropsych listservs, and the rest is history.*

3. What do you hope to accomplish with the podcast?

Our goal is simply to provide free, high quality content to as many people as possible. We hope that NavNeuro will serve as a learning tool and a way to facilitate interesting conversations about important topics in the field. We have both learned a lot already, just through the process of putting the podcast together, and we want to share what we have learned with others. We also want to provide an outlet for breaking news in the field and we want to begin working towards unification on important areas of debate within neuropsychology (for example, test score labeling, the postdoc match/nonmatch issue, incorporating new technology into assessments), while at the same time encouraging the expression of diverse, creative ideas and opinions.

4. What topics have you covered so far, and what is on the horizon?

So far, we have given an overview of the field of neuropsychology (mainly for non-neuropsychologists and trainees) and we have interviewed board-certified neuropsychologists about neuroimaging, pediatric cancer, and driving assessment and management in older adults with cognitive impairment. We have a lot of very exciting content in the works, including a guide to interviewing for internship and postdoc positions, effect of electrical injury on cognition and mood, how the microbiome impacts cognitive and psychiatric functioning, genetic disclosures of risk for Alzheimer's disease, interventions to improve well-being and emotional coping in caregivers, and many other topics. We keep an updated listing of upcoming content at www.NavNeuro.com/upcoming.

5. Where would you like to see NavNeuro in the coming years?

We would love to see NavNeuro going strong for years to come. We see “going strong” as meaning that we will frequently release episodes that reach a large number of people and that our listeners will be very engaged with the content. We would love to have people frequently email us with ideas/suggestions and to have them post their thoughts and questions about our content on the website’s forums (www.NavNeuro.com) so that we have lively discussions after each episode.

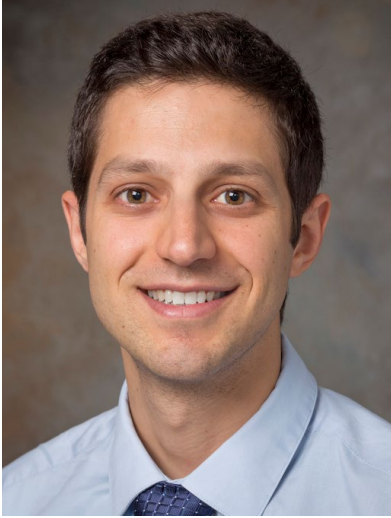
6. What can interested students do to get involved?

Like we mentioned in the previous question, one major way you can get involved is to start comment threads for each episode on our website (www.NavNeuro.com). We know that there is not enough time to cover everything during our episodes, so we really want to get conversations going and answer questions that you have after listening. You can also email us (Feedback@NavNeuro.com) to let us know what you would like us to cover in the future and to provide any suggestions you might have. We’d love the feedback!

7. How can students support the podcast?

First and foremost, keep listening to new episodes and spread the word to fellow students, faculty, and anyone else you think might be interested. You might have to show people who aren’t very tech-savvy how to subscribe and listen on their phones. You can also post on our forums, subscribe to the show on any device (free), and leave us a rating/review (www.NavNeuro.com/iTunes). NavNeuro is not a moneymaking endeavor. We simply want to reach as many people as possible and provide a beneficial service to the field. Any help with this goal is much appreciated!





John Bellone, Ph.D.



Ryan Van Patten, Ph.D.